

# Grandma scam

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# Halifax metro

JENNIFER LAWRENCE  
**Why do these dudes  
make more than me?**  
metroLIFE



Your essential daily news | WEDNESDAY, OCTOBER 14, 2015

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## Early bird gets the Jays

MLB PLAYOFFS

### Halifax sports bars expecting big business for Game 5

**Emma Davie**  
For Metro | Halifax

If you're thinking of leaving from work to go watch Wednesday's Toronto Blue Jays game at a local watering hole, you may want to skip out early.

Sports bars in Halifax are expecting a huge turnout for Wednesday's deciding Game 5 of the American League divisional semifinal series between the Blue Jays and Texas Rangers.

First pitch is set for just after 5 p.m.

Dan Fougere, one of the managers at Bubba Ray's Sports Bar, said they're expecting at least

200 people at their Spring Garden Road location.

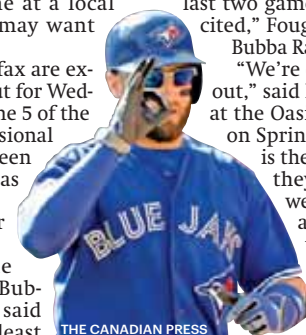
"We've had some great crowds here through and through. Every game so far we've been busy, even given the long weekend," he said.

The Blue Jays won 8-4 against the Rangers on Monday, forcing a do-or-die Game 5 on Wednesday in Toronto.

"The atmosphere has just been incredible, everybody has just been going crazy for it. Obviously not so much in the first two games, but the last two games they were more excited," Fougere said.

Bubba Ray's isn't the only place. "We're expecting a huge turnout," said Kate Fagan, a manager at the Oasis Pub and Eatery, also on Spring Garden. "I mean this is the first time in years that they've gotten this far, so we're definitely expecting a lot of people to show up."

"It's been nice and busy. The more they win, the busier it gets."



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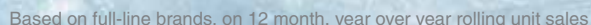


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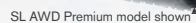
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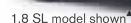


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**WEATHER FALL SHOWERS DROWN ROADWAYS** A driver splashes through a flooded section of Beaufort Avenue on Tuesday. Rain came down heavily in the municipality throughout the day, causing some localized flooding in many of Halifax's streets. JEFF HARPER/METRO

## Pathways to education

### TECHNOLOGY

#### New site to help students planning for post-secondary



**Haley Ryan**  
Metro | Halifax

The province has unveiled a multimillion-dollar website to better help students looking to attend post-secondary schools in Nova Scotia.

The chairman of the Council of University Presidents, Allister Surette of Université Sainte-Anne, launched MyNSFuture.ca alongside Advanced Education Minister Kelly Regan on Tuesday.

"Anything that makes it easier for young people to make good decisions around their careers is a good investment," Regan said after the Halifax Central Library event on Tuesday.

"We know if they make good decisions, they're more likely to stay here — and we need that."

Regan said the \$2.5 million for the research and website creation came from the Excel-



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**The homepage for MyNSFuture.ca. The web portal links students to information related to scholarships, benefits of studying in Nova Scotia and what credits are transferable between the province's 11 colleges and universities.** SCREENSHOT

lence and Innovation Fund.

The site is a one-stop portal for those looking to apply to the 11 universities and colleges in Nova Scotia and includes sections linking visitors to information on scholarships, why they should study in the province



**Choosing the right university or ... college location is an important step.**

Kelly Regan

and what credits are transferable between schools — which Zachary Ford of Dalhousie University said was "really cool."

Ford, who demonstrated how the site works, said he would have liked to have the site in high school because

it's "overwhelming" to navigate multiple sites to look for information and make appointments with a guidance counsellor to help you out.

"Having it online at a pace you can take yourself and doing it whenever you need to ... would've been very helpful for me," Ford said.

Over the next year, more tools like summer course listings will be added, as well as a transcript portal for high-school and transfer students to make sharing easier.

Michaela Sam, chairwoman for the Canadian Federation of Students-Nova Scotia, said having the transfer credit guide is a "welcome change" but should be met with the reality that the province's post-secondary institutions have the third-highest tuition in the country.

"They need to take into account that barriers like high tuition fees and lack of funding to institutions will seriously affect where a student decides to go," Sam said.

"For the government to invest in our post-secondary institutions and to ensure that (they) are accessible in a financial sense first ... should be at the top of the government's priorities list."

### ELECTION 2015

#### Mulcair to stop in key riding



**Zane Woodford**  
Metro | Halifax

NDP Leader Tom Mulcair is scheduled to be in Dartmouth on Wednesday morning, looking to hold on to his party's seat in the riding.

The town-hall-style campaign stop is set to begin at 9:15 a.m.

On Saturday, Halifax West NDP candidate Joanne Hussey asked supporters on Twitter to join her, Halifax candidate Megan Leslie and Dartmouth-Cole Harbour candidate Robert Chisholm at the event. It will be Mulcair's second stop in the Dartmouth-Cole Harbour riding.

Polls have shown the popularity of Mulcair and his party slipping in past weeks, with the party now running in third place and the Liberals and Conservatives battling for the lead.



**Tom Mulcair.** JEFF HARPER/METRO

# A scam that's too close to home

## FRAUD

## Metro reporter used as pawn in \$2,300 hoax



**Zane Woodford**  
Metro | Halifax

If you're anything like me, you wonder who falls for those telephone scams involving old people.

Well, my grandmother fell for one. And I was the bait.

It was the textbook "grandparent scam," with all the usual players: the car accident, the out-of-town, the caring grandmother and me, the grandson who doesn't want Mom and Dad to find out.

My grandmother — who I call Nana and who lives in the Halifax area — got the call last week from a man who said his name was Bill Rosenthal, and he was representing her grandson, Zane.

He told her I needed \$2,300 to pay for damage to a Dominican family's rental car that I'd smashed up earlier that day.

He said it all had to be strictly confidential.

Nana obliged.

The man on the phone told her she had to use cash to buy a Money Gram — a money order you buy at the post office.

He told her the bank would be suspicious, and gave her a story to use about a down payment for a vacation home



**Zane Woodford learned the hard way how easy it is for anyone — and in this case, his grandmother — to fall victim to the archetypal grandparent telephone scam.** JEFF HARPER/METRO

in the Dominican Republic her son-in-law was buying.

Nana — who, after 81 years, has little mobility — took a cab to the bank, withdrew the cash and went to the post office to send the Money Gram.

Once she was home, he called again, and she gave him a reference number to cash in the Money Gram.

That night, she got a call from "Zane."

"Hi Nana," my imposter said. "Thank you for sending the money."

She was just glad I was OK. The next morning the phone rang again. It was Mr. Rosenthal.

He told her I needed another \$2,300 to pay for medical bills required to clear

the Dominican family to fly home.

Again, she did as he said, but this time, she had a feeling something wasn't right, and so she called the real me, asking who Bill Rosenthal was.

I didn't know.

She told me what happened, and I confirmed for her she'd been scammed.



## PROTECTING YOURSELF

### How to avoid deception

These types of scams are unfortunately all too common.

RCMP spokesman Const. Mark Skinner said Tuesday there are several different stories the scammers use to prey on their victims.

The common thread is how they make the victims pay up.

"Scammers play on that emotional aspect and that vulnerability," he said.

He said the technology they use is advancing to allow them to make it look like they're calling from

any phone number, which can make them look more legitimate.

The important thing, he said, is to ask lots of questions and be clear about who exactly is on the other side of the phone call, even if the person is claiming that a loved one is in some kind of danger.

"There are very few circumstances where that person couldn't hold on a little bit while you verified the information," he said.

And as always, Skinner said if it seems too good to be true, it probably is.



**Even though my bank account is unchanged, I feel violated. How did they know my name? Or that I call her Nana?**

Embarrassed, she went to the police station and filed a report, then to the post office, where she was able to recover the second Money Gram, but not the first.

She'll never get that \$2,300 back, but it seems like she's already put the whole debacle behind her.

"It's only money," she said to me. "You can't take it with you."

But Nana admits that she feels stupid, and even though my bank account is

unchanged, I feel violated.

How did they know my name? Or that I call her Nana?

We have different last names, and she's never used the Internet.

Given the details the scam artists had, it's hard to blame Nana for coughing up the cash.

It's the kind of thing you think could only happen to someone else, and that's what I thought, too.

But Mr. Rosenthal proved me wrong.

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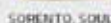
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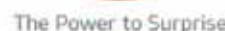




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## CRIME

## Thefts blamed on one man

Halifax police have charged a 40-year-old man after a string of robberies in the city over the past week.

Police allege the man is responsible for five robberies since Oct. 7, including the Needs convenience store on Chebucto Road that morning, two Subways, and two banks as recently as Monday evening just before 5 p.m.

After he was arrested Monday night on Barrington Street, the man was charged with five counts of armed robbery and two counts of possession of a weapon dangerous to the public.

He was scheduled to appear in Halifax provincial court Tuesday morning.

METRO

**MORE LOCAL NEWS ONLINE**

# No charges in fatal crash



Forensic investigators take photographs after a propane truck collided with a cyclist on Purcell's Cove Road last week. The cyclist, 49-year-old Loresa Makonin, of Halifax, died at the scene. JEFF HARPER/METRO

## INVESTIGATION

## Police say driver of truck that hit cyclist not at fault

**Emma Davie**

For Metro | Halifax

Halifax Regional Police say no charges will be laid involving last week's collision that resulted in the death of a 49-year-old cyclist.

In a release issued Tuesday, police say they have concluded their investigation into the crash that happened at the intersection of Herring Cove Road and Purcell's Cove Road on Oct. 7.

According to police, the driver of a propane truck made a 'lawful right-hand turn' before hitting the female cyclist.

"The investigation by the Collision Investigation Unit determined that no charges will be laid against the driver of the truck, as he did not violate the Motor Vehicle Act," a police release states.

## Public Meeting

### Eastern Passage High School Boundary Review Presentation of Interim Recommendation

The Halifax Regional School Board is currently conducting a process to establish a catchment area (boundary) for the new Eastern Passage High School.

As part of this process, the Halifax Regional School Board has formed a Boundary Review Committee to establish the enrolment boundaries for this school.

The Boundary Review Committee is recommending that the boundary for the new Eastern Passage High School be the same as the current boundary for Eastern Passage Education Centre.

Visit [www.hrsb.ca](http://www.hrsb.ca) to view a map of the proposed boundary.

The Boundary Review Committee will hold a public meeting to explain the criteria used to arrive at the interim proposal and provide an opportunity for public input or other possible suggestions.

The meeting will be held:

**Monday, October 26**  
**Eastern Passage Education Centre**  
**7 pm - 9 pm**

Please make sure your voice is heard by attending the meeting and sharing your opinion.

Any inquiries about the boundary review or to provide a written submission can be addressed to the Halifax Regional School Board at [ephsboundary@hrsbc.ca](mailto:ephsboundary@hrsbc.ca)



## FEDERAL ELECTION

### Mayor wants you to vote, think about cities

Halifax Mayor Mike Savage joined mayors of Canada's other big cities Tuesday in urging people to "Vote for Cities" in next week's federal election.

The initiative comes from the Federation of Canadian

Municipalities' Big City Mayors Caucus and is meant to focus attention on the key issues of transit, infrastructure and housing.

The mayors are encouraging voters to consider where the parties stand on those three issues, and how committed the candidates

are to addressing them, before they cast their votes.

Savage says if the advance polls are any indication, Halifax has a highly engaged electorate and he knows people will vote in a way that best serves the interests of the region.

THE CANADIAN PRESS

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# Dartmouth-Cole Harbour

ELECTION 2015



**Zane Woodford**  
Metro | Halifax

Like the provincial byelection held in Dartmouth this summer, you can expect a tight race in Dartmouth-Cole Harbour.

NDP incumbent MP Robert Chisholm won the riding by fewer than 500 votes in 2011, narrowly defeating then-incumbent Liberal MP Mike Savage — now mayor of Halifax — who had held the riding since its inception in 2004.

Before 2004, the riding was slightly smaller, encompassing just Dartmouth, and had gone back and forth between the Liberals and NDP, with the NDP holding the seat from 1997 to 2004.

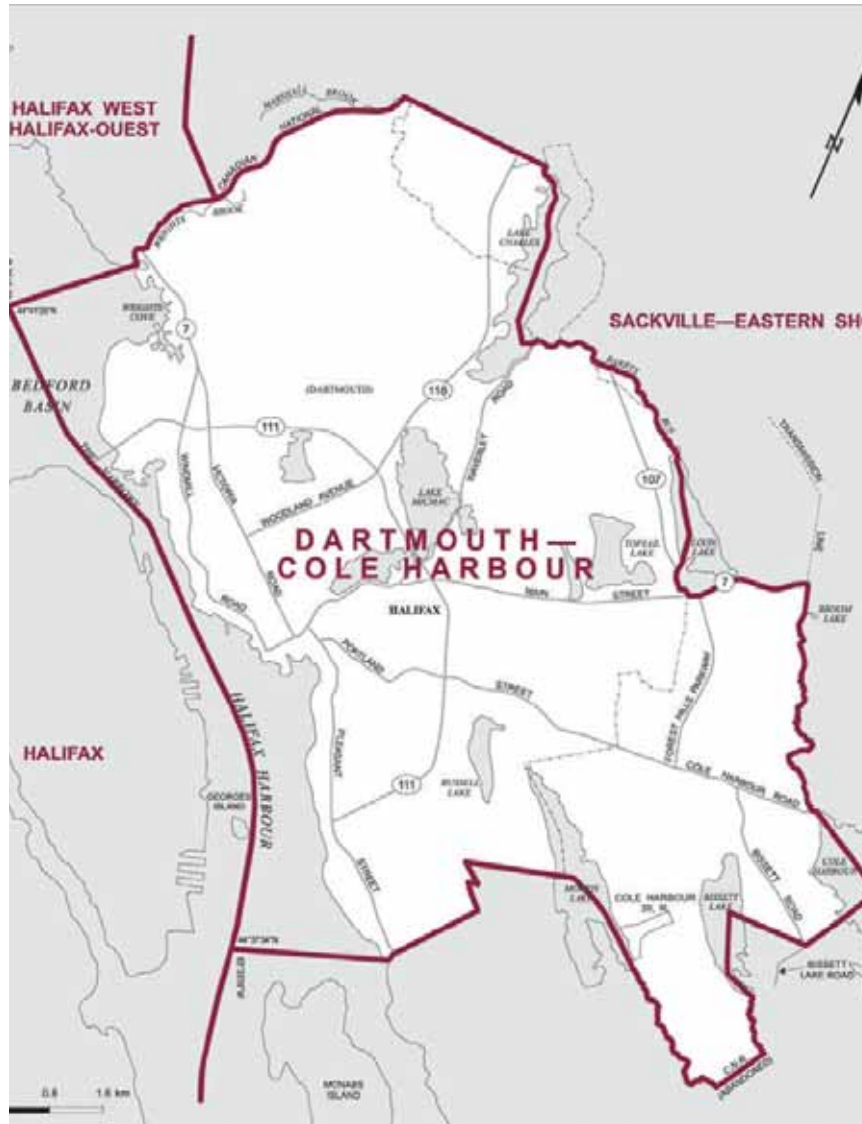
Dartmouth-Cole Harbour is by far the most densely populated riding in the province, though it's the smallest geographically, according to 2011 census data.

The riding's boundaries stretch from the edge of Burnside along Lake Charles and Loon Lake in the east, Halifax harbour in the west, and to the edge of Cole Harbour.

This time around, Chisholm is the one defending the seat against Liberal candidate — and city councillor on leave — Darren Fisher.

Fisher is riding a wave of popular support on the promise of "real change" from his leader, Justin Trudeau, which could stretch to Dartmouth-Cole Harbour as the NDP slips to third place across the country.

NDP leader Tom Mulcair will be in the riding Wednesday morning looking to stop that tide of Liberal popularity short of Dartmouth-Cole Harbour.



## IN THEIR OWN WORDS

### Why they deserve your vote

#### Jason Cole

##### Conservative

Our region has finally been getting the right kind of economic investment and the highest transfer payments in history, creating great jobs and prosperity.

Also, polls show another Conservative government, so a vote for me will put our riding right at the table when it comes time for budgets, policy and legislation.



CONTRIBUTED

#### Brynn Nheiley

##### Green

My training as an urban planner and work in small private firms gives me the experience and understanding of the local needs of Dartmouth and Cole Harbour.

As your Green representative, I will address these needs with priorities that address climate change, the challenges of wealth disparity across our riding, and the dire need for better supports of our numerous small and medium-sized businesses in the riding.



CONTRIBUTED

#### Darren Fisher

##### Liberal

I grew up in Dartmouth-Cole Harbour and am proud to be raising my own family here.

I believe Dartmouth-Cole Harbour can be the best place in Canada to live and work. I became a municipal councillor in 2009 and was Deputy Mayor in 2014.

As part of a Liberal government led by Justin Trudeau, I would continue to work to make the federal government a partner with our community.



CONTRIBUTED

#### Robert Chisholm

##### NDP

Dartmouth-Cole Harbour is a hard-working community that deserves a hard working Member of Parliament.

For the past four years as your MP, I have fought for you on the issues that matter the most: jobs, health care, child care, veterans, seniors and the environment.

On Oct. 19, please give me your vote, and I'll continue to work hard for you and your family.



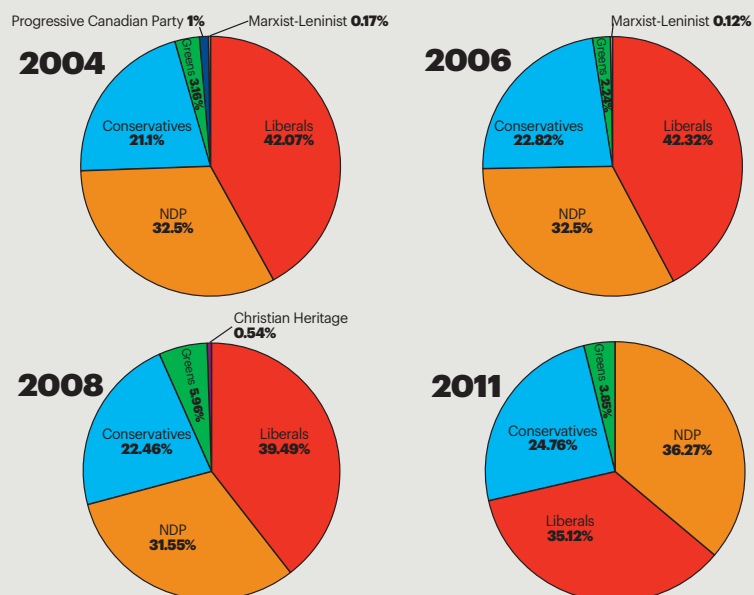
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## Do you know where to cast your ballot?

If you got a voter information card in the mail, it will tell you where to go to vote on election day.

If you didn't get a card, you can check to see if you're registered to vote by calling Elections Canada at 1-800-463-6868, checking online at elections.ca or going to your local Elections Canada returning office at 205 Pleasant St.

PAST ELECTION RESULTS SOURCED FROM  
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**THEATRE A LOOK AT A LIFETIME OF LOVE** Anthony Black, left, and Francine Deschepper run through a scene from Neptune Theatre's upcoming production of *Lungs*. Written by award-winning playwright Duncan Macmillan, *Lungs* opens Thursday and runs through Oct. 25 at Neptune's Scotiabank Studio Theatre. JEFF HARPER/METRO

# Steve-O-Reno's bids farewell to drive-thru

## DEVELOPMENT

### Construction forces closure after 20 years of operation



**Haley Ryan**  
Metro | Halifax

One of the city's longest-running drive-thrus is closing up shop next month.

On Tuesday, Steve-O-Reno's said they are closing their drive-thru location on Robie Street on Nov. 6 due to planned construction at the address after 20 years in business.

"There have been people coming to us since we opened, so there's some really unique relationships that have come out of that," said Melissa Armbruster, former manager and daughter of owner Steve Armbruster.

"There's definitely mixed feelings about it."

Armbruster said they've



**Previous customers of Steve-O-Reno's on Robie Street are encouraged to share their favourite memories of the business on social media.** JEFF HARPER/METRO

known for the last two years the location would have to close as the landlord is trying to do something with the old Peirceys property, but getting the 30-day notice last week came as a "bit of a shock."

While Armbruster said they are sad to see the closure of the drive-thru, which was the original Steve-O-Reno's building, they will continue focusing on their three other locations and espresso catering business.

Steve-O-Reno's operates out of the main café on Brunswick Street, as well as at the Seaport

Farmers' Market and Forum Farmers' Market on Saturdays.

To say goodbye to the drive-thru, Steve-O-Reno's is encouraging people to share their favourite memories on social media with the hashtag #iDrovethru.

"We just thought it would be a neat opportunity to celebrate the drive-thru's life and not just be sad about the fact that it won't be there anymore," Armbruster said.

They are also planning a final drive-thru event, closer to the closure date.

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# Make Your Vote Count.

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# READY TO ENGAGE

Metro's daily primer on what the parties are saying about the issues that matter to urban Canadians



Protesters march during a rally held in Vancouver in June last year to show opposition to the Enbridge Northern Gateway pipeline. Use of social media, the spread of "citizen journalism," and the involvement of young people are among the key trends highlighted by a federal analysis of protest activity in Canada over the last half-decade. THE CANADIAN PRESS FILE

## Talking 'climate change lite'



**ROSEMARY WESTWOOD**  
Metro

So much for climate change in this election.

No, no. I get it. We've got a lot going on. There's the stumbling economy, a global refugee crisis, child-care worries, housing problems, growing income inequality and, of course, the niqab.

So what, I guess, that Canadians still rank climate change high on their list of voting priorities?

This could have been the big one. The election where fear over climate change and federal policy finally got into bed together. The election where leaders offered bold visions of the future. A pivot from the oilsands, towards something new.

It's only partly our fault. Our elected leaders are also to blame.

But let's start with you, earnest voter who is worried about the health of our environment.

You are all but certainly not voting Conservative.

If you were to vote based on purely environmental policies, you would vote Green, the party that remains the most comprehensive

on climate change and the environment.

Perhaps you're one of the 3.9 per cent of Canadians who did vote Green in 2011. More likely, your vote is destined for the NDP or the Liberals. Of the two, the NDP has the more aggressive emissions-reduction target (actually, the Liberals

have no target whatsoever), but really, let's be honest: Whether you vote NDP or Liberal, you'll assume it's a vote for the environment because

both are so dramatically better than the Conservatives on this. It's the equivalent of asking someone out to a fancy dinner, ending up at a burrito joint, and saying at least it's not McDonald's.

But like I said. It's only partly your fault. How can you take someone out for a \$50 steak when no one (viable) is selling it?



**It's not like they're making it central to their campaigns.**

Matthew Paterson

itics professor at the University of Ottawa and a fellow at

the Broadbent Institute.

A supreme understatement.

"I've been completely appalled by the level of discourse in this campaign," says David Boyd, an environmental lawyer, professor and author of the new book *The Optimistic Environmentalist*. "The world is changing. The dramatic upsurge in renewable energy generation, the huge economic potential of clean tech, these are revolutionary economic shifts that are underway."

Our "myopic focus" on fossil fuels, pipelines and coal, is bad economic policy, too, he says.

Louise Comeau, executive director of Climate Action Network Canada, the coalition of Canada's leading environmental groups, calls the election "worse than a missed opportunity — almost irresponsible." Continuing to present the economy and environmental protection as at odds is "putting the country at risk of really damaging our economy," she says.

The UN would agree. It backed a report released last month that warned our resource-based economy is in danger as the other nations

strive to reduce their energy consumption.

To absorb the media in the last few years, in particular last year's UN's Intergovernmental Panel on Climate Change report, is to assume climate-change Armageddon is one domino away.

And yet, in the midst of this global frenzy over the fate of the earth, the Canadian federal election campaign comes along, and the main message is about the little picture. Income splitting, taxes on the rich, balanced or unbalanced budgets, niqab, niqab, niqab. Only the Greens are explicitly against pipelines. All other parties are talking climate change lite.

And perhaps we're only one round of electoral reform away from a campaign where you wouldn't have to be so afraid to vote Green, for fear you'd let the very opposite hold on to power.

But the Greens have been offering heavy environmentalism for years now, and only a fraction of us have been biting. Any politico will tell you, it's the economy, stupid.

So, dear voter, it's us — and it's them.

And I'm fairly sick, by now, of hearing that Canadians care about climate change. I'd rather see this country vote like it.

Maybe next time?



**Rosie Westwood reflects on the key issues.**

- **TUES. Women**
- **WED. Environment**
- **THURS. Canadian values**
- **FRI. Youth engagement**

## QUICK GUIDE ENVIRONMENT

Here's a breakdown of climate-related promises and legislative measures from the **NDP**, **Liberals**, **Conservatives** and **Greens**.

### ON CARBON EMISSIONS

#### NDP:

- Pledged to reduce emission by 34% below 1990 levels by 2025, and 80% by 2050.
- Would create cap-and-trade to set carbon market price.
- Would redirect fossil-fuel subsidies to clean-energy.

#### Liberals:

- Would allow provinces to set prices on carbon.
- Would consult with provinces to set-reduction targets.
- Would phase out fossil-fuel-industry subsidies.

#### Conservatives:

- Promised to reduce emissions by 30% below 2005 levels by 2030
- Pledged to move to a low-carbon economy by 2050 and eliminate fossil fuels by century's end.

#### Greens:

- Would tax carbon emissions, with proceeds going to individual citizens via a "carbon dividend."

### ON PROPOSED PIPELINES

#### NDP:

- Opposes Enbridge Northern Gateway pipeline.
- Calls for more rigorous reviews of TransCanada Energy East pipeline.
- Opposes TransCanada Keystone XL pipeline.

#### Liberals:

- Oppose Northern Gateway
- Support Energy East.
- Support Keystone XL.

#### Conservatives:

- Approved Northern Gateway.
- Support TransCanada Energy East.
- Support TransCanada Keystone XL.

#### Greens:

- Oppose all pipeline projects but support refining bitumen in Alberta, provided oilsands development is limited to current levels.

# LATEST POLL

# LIB 37% CON 31% NDP 24%

Source: Ipsos Reid/Global



# Tories aim for Grits' tax plans

ELECTION 2015

## Harper's 'cash on the table' stunt may be for attack ads

Conservative Leader Stephen Harper is literally putting cash on the table in an effort to halt the momentum of Justin Trudeau's Liberals in the closing days of the federal election campaign.

With just five days of campaigning left before Canadians go to the polls next Monday, the Conservatives have twice staged low-tech stunts designed to illustrate how much they say Liberal tax changes will cost voters as Harper attempts to pick apart the Liberal platform.

The prime minister played the role of game show host again Tuesday at a partisan rally in west-end Toronto, calling out Liberal tax increases as a pizza store owner counted bills onto a table to the backdrop of a loudly ringing cash register.

"The tax hikes the Liberals talk about, they are not just numbers in a pamphlet," said Harper, with-



All three major party leaders were in the greater Toronto area on Tuesday, as polls suggest swathes of Ontario are up for grabs. JONATHAN HAYWARD/THE CANADIAN PRESS

out jacket or tie and with his blue shirt sleeves rolled up.

"They are real dollars and I want to show you again today what the payroll tax hikes look like."

Conservative party videographers took tight shots as pizza store owner Dino Ari laid bills on

a table to repeated "ka-chings" from a cash register.

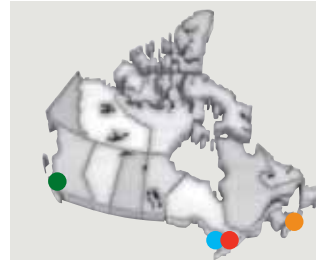
"Hand it over, Dino," Harper coached. "I hope you counted that carefully."

The Conservatives staged a similar display on the Thanksgiving weekend and the stunt appears destined for party ad-

vertising in the final moments of this extraordinary 78-day campaign, the longest in modern Canadian history.

All three major party leaders were in the Greater Toronto Area on Tuesday morning as polls continue to suggest an electorate in flux and swathes of seat-rich

## WHERE THE LEADERS ARE WEDNESDAY



• **Stephen Harper** will be in Brantford.

• **Justin Trudeau** will be in Ontario in Hamilton, Welland, St. Catharines and Ajax.

• **Tom Mulcair** will be in Dartmouth, N.S., and L'Assomption.

• **Elizabeth May** will be in Vancouver

Ontario up for grabs.

There's also compelling evidence of a motivated electorate.

An estimated 1.2 million voters cast ballots in advance polls Monday, according to Elections Canada, bringing the four-day holiday weekend total to more than 3.6 million ballots cast. That's an increase of 71 per cent over advance ballots in the 2011 election, when only three days of advance polls were held.

Antipathy to Harper's Conservatives appears to be the only unifying element among the various challengers to the throne.

"I got into politics because I

disagreed deeply with the vision that Stephen Harper has for this country and there is no circumstances in which I could either support him or even stand back and allow him to be prime minister," Trudeau said when asked about a potential minority Conservative government.

The Liberal leader, who ventured into an NDP-held riding in Toronto, appears to be trying to peel off voters from both the NDP and Tories, while hoping to win over strategic voters who might see an incumbent NDP MP as the best vehicle for removing Harper from office. THE CANADIAN PRESS

## Federal election day is Monday

### Are you ready to vote?

If you're a Canadian citizen, 18 or older, you can vote in the federal election.

Your voter information card tells you when and where to vote.

If you didn't receive your card, you can still register and vote at your polling place.

To find out where to vote, and what ID to bring, visit **elections.ca** or call **1-800-463-6868** (TTY 1-800-361-8935).

*Elections Canada has all the information you need to be ready to vote.*



**Ready to Vote**   
October 19, 2015





# No selfies, says Elections Canada

🍁 **ELECTION 2015**

**Taking a pic of your ballot could lead to jail time**



**Shane Gibson**  
Metro | Winnipeg

Elections Canada wants you to know you are more than welcome to smile while voting, you just can't say cheese.

After at least 3.6 million Canadians hit the polls for early voting over the long weekend — and millions more get ready for the big day Oct. 19 — Elections Canada is reminding voters that taking a selfie while casting your ballot is a big no-no.

In fact, posting a duck-face selfie with a marked ballot could land you in jail.

"Voting is secret ... you are

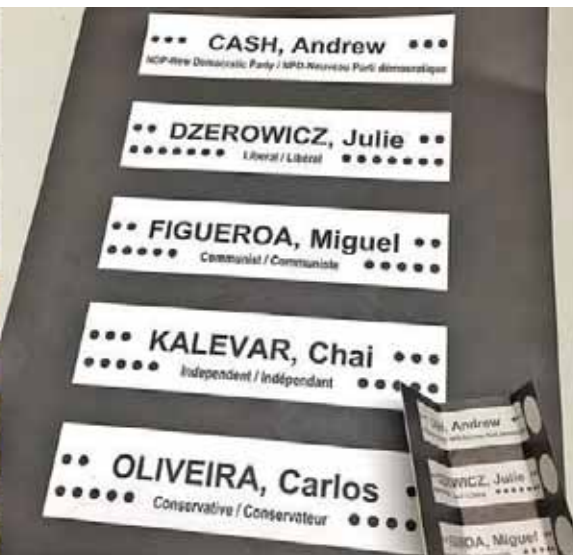


Posting while outside the polling station is great. Posting your ballot — like the person on the right did — is a no-no. INSTAGRAM

not supposed to take selfies," said Elections Canada spokesperson, Marie-France Kenny.

"According to Section 489 of the Act ... it's a summary conviction offence punishable by a maximum fine of \$1,000 or a three-month prison term."

While it's not technically against the rules to take a picture while waiting to vote at the polls, Kenny said it's a big-time offence to openly state who you are voting for while



inside the polling station — which, of course would happen if you snap a selfie with a filled-in ballot or post a photo of your marked ballot.

Kenny suggests voters play it safe and leave phones in pockets until outside the polls.

That's what Kerry Bertoncello-Dale did after voting in Winnipeg over the weekend.

The 24-year-old says he posted a photo of himself next to the yellow Elections Canada sign outside his polling station to remind his friends on social media to vote.

"I did it to raise awareness and to show everybody that I went and voted," said Bertoncello-Dale. "We're in such an electronically charged age and

## + MORE INFO

**Other things you cannot do while voting:**

- Use a megaphone: Section 165 of the Elections Act bans anyone from using a "loudspeaking device within hearing distance of a polling station on polling day for the purpose of promoting or opposing a political party."

- Wear party colours: Section 166 (b) of the Act bans wearing "any emblem, flag, banner or other thing that indicates the person supports or opposes any candidate or political party." METRO

a lot of people pay attention to Facebook, Twitter and Instagram for news and I think when people see people their age voting they say 'maybe I should look into this and vote.'"

Kenny said if Elections Canada finds out about anyone sharing a photo of a marked ballot, they should inform the Commissioner of Canada Elections, who can start an investigation.

**It's a summary conviction offence punishable by a maximum fine of \$1,000 or a three-month prison term.**

Kerry Bertoncello-Dale

## Rebels downed MH17: Report

The missile shot skyward from war-ravaged eastern Ukraine. With deadly accuracy more than six miles up, it detonated just in front of the Malaysia Airlines jetliner, sending hundreds of jagged steel shards ripping through its aluminum skin at up to 9,000 km/h and shearing the cockpit from the rest of the plane.

The two pilots and purser in the cockpit died instantly, and the Boeing 777 disintegrated and fell to earth, killing the rest of the 298 men, women and children aboard Flight 17 on July 17, 2014, Dutch investigators said Tuesday in a long-awaited report.

Some of the victims may have been conscious for 60 to 90 seconds, the Dutch Safety Board said, but they probably were not fully aware of what was happening in the oxygen-starved, freezing chaos. The tornado-like airflow surging through the doomed jet as it came apart was powerful enough to tear off people's clothes and leave naked corpses amid the fields of sunflowers.

The 15-month Dutch investigation blamed a Soviet-made surface-to-air Buk missile for downing the Amsterdam to Kuala Lumpur flight, but it did not explicitly say who had fired



With the reconstructed cockpit displayed behind, Tjibbe Joutstra, head of the Dutch Safety Board presents the board's final report into what caused Malaysia Airlines Flight 17 to break up high over Eastern Ukraine last year, killing all 298 people on board. PETER DEJONG/THE ASSOCIATED PRESS

it. It identified an area of 320 square kilometres where it said the launch must have taken place, and all of the land was in the hands of pro-Russian separatists fighting Ukrainian forces

at the time of the disaster, according to daily maps of fighting released by the Ukrainian National Security Council.

The Dutch Safety Board also found that the tragedy wouldn't have happened if the airspace of eastern Ukraine had been totally closed to passenger planes as fighting raged below.

"Our investigation showed that all parties regarded the conflict in eastern part of Ukraine from a military perspective. Nobody gave any thought of a possible threat to civil aviation,"

Safety Board chairman Tjibbe Joutstra said in releasing the report at a military base in the southern Netherlands.

He spoke in front of the partially reassembled red, white and blue Malaysian jetliner, much of the left side of its mangled fuselage front riddled with shrapnel holes.

Russian officials were prompt to dismiss the Dutch report, with Deputy Foreign Minister Sergei Ryabkov calling it an obvious "attempt to make a biased conclusion, in essence to carry out a political order."

Earlier Tuesday, the Buk's manufacturer presented its own report trying to clear the separatists, and Russia itself, of any involvement.

The Russian state-controlled consortium Almaz-Antey said it conducted experiments, including one in which a Buk missile was detonated near the nose of an airplane similar to a 777, and it contended they contradicted the conclusion that a Buk missile of the kind used by the Russians destroyed Flight 17. Almaz-Antey had earlier suggested that it could have been a model of Buk that is no longer in service with the Russian military but is part of Ukraine's arsenal.

THE ASSOCIATED PRESS

**U.S. DEMOCRATIC PRIMARY**

## Scandals hound Clinton into debate

Hillary Rodham Clinton entered Tuesday night's first Democratic debate a weakened front-runner, anxious to move past the controversy over her email practices and persuade voters she's the best-qualified candidate to lead the party to a third straight term in the White House.

Clinton, the former secretary of state, faces her biggest

challenge Tuesday night's first Democratic debate a weakened front-runner, anxious to move past the controversy over her email practices and persuade voters she's the best-qualified candidate to lead the party to a third straight term in the White House.

Clinton, the former secretary of state, faces her biggest challenge Tuesday night's first Democratic debate a weakened front-runner, anxious to move past the controversy over her email practices and persuade voters she's the best-qualified candidate to lead the party to a third straight term in the White House.

“

**I'm a little different from those who say 'free college for everybody. I am not in favour of making college free for Donald Trump's kids.**

Hillary Rodham Clinton

Joining them on stage in Las Vegas was a trio of low-polling candidates looking for a breakthrough moment: former Maryland Gov. Martin O'Malley; Jim Webb, a former Navy secretary and U.S. senator from Virginia; and Lincoln Chafee, the Republican-turned independent-turned Democrat

connected to the Internet in ways that left it somewhat vulnerable to hackers.

Meanwhile Sanders is looking to broaden his appeal to more Democratic voters. The self-described democrat socialist, who is drawing massive crowds and challenging Clinton's fundraising prowess, has called for breaking up big Wall Street banks, expanding Social Security and providing free tuition to public colleges and universities.

THE ASSOCIATED PRESS



# Twitter loses characters

## EMPLOYMENT

### Purge marks company's first mass layoffs in 9-year history

Twitter is laying off up to 336 employees, signalling CEO Jack Dorsey's resolve to slash costs while the company struggles to make money.

The cutbacks announced Tuesday could equate to about eight per cent of Twitter's workforce of 4,100 people.

The purge comes two weeks after Twitter brought back one of its co-founders as permanent CEO in hopes that Dorsey would be able to resolve problems that have slowed user growth at the messaging service and compounded an uninterrupted cycle of financial losses.

Cutting costs can boost profits, but at Twitter, it has also raised uncertainty about the future, the company's pursuit of faster growth and its ability to attract a larger audience.

The layoffs may be a sign



Downsizing signals Twitter's push to slash costs as it tries to make money. THE ASSOCIATED PRESS

of desperation at a sinking company, said Edison Investment Research analyst Richard Windsor.

"It is important to run a tight ship, but simply cutting jobs is often the action of a company that does not know what else to do," Windsor said.

Dorsey told Twitter employ-

**Cutting jobs is often the action of a company that does not know what else to do.**

Richard Windsor

ees in a Tuesday letter that a more streamlined company will result in more products rolling out more quickly. "We feel strongly that engineering will move much faster with a smaller and nimbler team," Dorsey wrote.

Twitter's workforce has nearly doubled over the past two

years, hindering efforts to turn a profit for the first time in its nine-year history. Since Dorsey and his partners started the service, Twitter has lost nearly \$2 billion US.

Dorsey has acknowledged that Twitter is too confusing for many people to use, turning off new users at a time when other social services such as Snapchat and Facebook's WhatsApp have grown in popularity.

As part of its revival plan, Twitter last week unveiled a new feature called Moments that packages commentary, video and photos about major events that have captured people's attention. The work on Moments began while Dorsey's predecessor, Dick Costolo, was still Twitter's CEO.

After returning as CEO, Dorsey promised to make Twitter even more accessible to the masses by next year. Jettisoning jobs will give Twitter more financial leeway while it designs new tools.

Retrenching will cost Twitter \$10 million to \$20 million, mostly to pay for employee severance packages.

THE ASSOCIATED PRESS

## IN BRIEF

### Beer giants AB InBev, SABMiller to join forces

The world's top two beer makers agreed Tuesday to join forces to create a company that would control nearly a third of the global market and bring together leading U.S. brands Budweiser and Miller Genuine Draft. After turning down five offers, U.K.-based brewer SABMiller accepted in principle an improved takeover bid worth \$106 billion US from Anheuser Busch InBev, which along with Budweiser makes Corona, Stella Artois and Beck's.

THE ASSOCIATED PRESS

### Starbucks starts delivery service for office workers

Starbucks is offering delivery within the Empire State Building, giving office workers in the New York City skyscraper the option of paying a \$2 US fee to avoid making a trip to the lobby. The chain says the service is in line with its push to make its offerings increasingly convenient.

THE ASSOCIATED PRESS

## COMPUTERS

# Apple unveils upgraded iMacs with Retina displays

Apple is adding Retina displays to its iMacs, which will enhance the text and the image quality of photos and videos.

The California-based company said its 21.5-inch iMac will have a Retina 4K display, while every 27-inch iMac will have a

Retina 5K display. The 21-inch iMac, which starts at \$1,099, and 27-inch iMac, which starts at \$1,799, are available in three models and come standard with a new Magic Keyboard and Magic Mouse 2.

The technology giant re-

designed Magic devices including the Magic keyboard, Magic Mouse 2 and Magic Trackpad 2. Those products have rechargeable batteries. The new trackpad marks the first time Apple has made its Force Touch Trackpad feature

available for a desktop. Force Touch allows users access to several shortcuts by touching the trackpad in different ways.

Apple said the iMacs will also have new storage options and more powerful processors and graphics.

Apple first introduced the iMac in 1998. In recent years Apple has focused on faster growing products such as the iPhone, iPads and laptops as sales of traditional desktop PCs slump.

THE ASSOCIATED PRESS

## market minute

	<b>DOLLAR</b> 76.81¢ (-0.49¢)
	<b>TSX</b> 13,844.73 (-119.63)
	<b>OIL</b> \$46.66 US (-44¢)
	<b>GOLD</b> \$1,165.40 US (+90¢)
<b>NATURAL GAS:</b> \$2.498 US (-3.7¢)	
<b>DOW JONES:</b> 17,081.89 (-49.97)	

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 Dinner 6:30 p.m.  
 Tickets: \$150  
 or \$1500 corporate table (10)  
 Dress: **Business**

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**Paul Kent**

Young Humanitarian Award Recipient  
**Emily Pelley**

**Join us as we celebrate the humanitarian contributions of these inspiring individuals.**

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**Born this way:** A large California study of identical twins has found genetic modifiers that accurately predict sexual orientation — spurring worries over misguided “cures” and “tests” for gayness.

## URBAN ETIQUETTE ELLEN VANSTONE



### THE QUESTION

**I am hosting a birthday dinner this weekend and invited a bunch of different people, including some with extreme views. How can I stop them from arguing about the election and spoiling supper?**

Dear Ellen,

I am hosting a birthday dinner this weekend for a friend who has invited a bunch of different people, including some with extreme political views. How do I stop them from arguing about the election and spoiling the whole dinner party?

Sine, Winnipeg

Dear Sine,

Isn't it funny how people we disagree with have extreme political views, while we invariably see our own political prejudices as firmly held beliefs?

See? I don't even know whether you and I will vote the same way on Monday and I'm already provoking an argument. Perhaps it's due to years of consorting with loudmouthed journalists, but I rather enjoy lively debate anywhere, including at the dinner table.

Admittedly, my journalist friends tend to see political arguments more as a blood sport than the expression of firmly held beliefs. But this lack of any heartfelt conviction on their part is what makes them so entertaining. They delight in bashing each other with well-researched facts and clever quips without getting emotionally invested,

**If you wanted to spend the evening with like-minded individuals indulging in a self-righteous orgy of shared beliefs, you'd skip the dinner party and go straight to your Close Friends on Facebook.**



providing pure entertainment for the rest of us.

If you're lucky enough to have friends like these, I suggest you sit back and enjoy the spectacle, stepping in only occasionally, like the Speaker of the House, to restore order when things get too raucous.

If, however, your friends are normal human beings who tend to get emotionally invested in things like the outcome of the election and the future of our nation, you are absolutely right to fear that your dinner party will be spoiled. Outside of couples counselling, where histrionic behaviour is a privilege that's paid for, violently emotional arguments are indecorous to say the least.

There is nothing more boring than passionate blowhards yelling at each other, everyone refusing to change their minds or listen to other points of view, while expecting their own points of view to be heard and other minds to change.

Or, wait, maybe there is something more boring: like when a bunch of passionate blowhards all agree with each other and spend the entire dinner trashing the same tired political targets.

Seriously, if you wanted to spend the evening with like-minded individuals indulging in a self-righteous orgy of shared beliefs, you'd skip the trouble of a dinner party and go straight to your Close Friends on Facebook.

My advice is to avoid either of these boring-blowhard outcomes by choosing one of the following options:

The first is to ban political discussion altogether. Your house, your rules. It may seem peremptory but it's actually polite: you are taking your friends' enjoyment into consideration by ensuring that a dinner party's *raison d'être* — the conversation — doesn't devolve into an overwrought colloquy of firmly held and sanctimoniously expressed “beliefs.”

If you can't shut up the blowhards, the second option is to try to throw them off their game. When any of the names Harper, Mulcair or Trudeau come up, assume your guests are suggesting a game of date-marry-kill and interject accordingly. Throw in Elizabeth May to mix it up. Segue to Berlusconi, Putin and Sarkozy for the second round. Or Hillary Clinton, Angela Merkel and ... hmmm ... Queen Elizabeth? Steer the conversation toward the lamentable lack of female candidates for this game. Be as emotional or fatuous as you like for as long as it takes to get the blowhards to agree to talk about something, anything, non-political.

And if you can manage that level of misdirection and talking-point discipline, then maybe it's time to run for office yourself.

**Need advice?**  
**Email Ellen:**  
scene@metronews.ca

## metroview

### An expensive, never-ending episode of What Not to Wear



**Diane Baker Mason**  
For Metro

When I was in Grade 8 — back when the earth was cooling — the girls at our public school staged a revolution against the board of education's dress code. It forbade us from wearing pants, even when it was freezing cold, even though lots of us hated dresses, even though dresses restricted us (just try to slide into third wearing a dress and not show your underwear).

The school board made strained arguments: girls and women wearing pants were immodest, unattractive, even unhealthy. But times were changing — this was 1970, after all! — and the girls made a huge fuss. Before long, an announcement was made. We could wear pants. Finally, we were free.

Perhaps that's why, in my own middle-aged, middle-class, secular white-woman cultural bubble, I dislike the idea of niqabs and burkas. They seem an affront to freedom. I, personally, cannot imagine choosing to wear one and I feel a frisson of horror at the idea of being forced to do so. Perhaps I can justify this by observing that there are regimes in this world that restrict women's freedoms by legislating that they veil completely. But I remind myself that this is Canada. Canadian law does not require women to veil.

It also does not require

them to take their veils off.

Despite this, our government has waged a legal war on a woman named Zunera Ishaq, using a quarter-million dollars of taxpayers' money. They pursued her through the courts, trying to force her to remove her veil when she took her oath of citizenship, arguing her covered face was “disrespectful” — as weak an argument as the ones the school board made. The courts rejected it. Even so, the government won't give up. It's taking it to the Supreme Court.

That court has interpreted the Charter of Rights and Freedoms to require that reasonable accommodation be made for Canadians' religious and cultural garb. No law that violates someone's rights (as does the provision in the Citizenship Act that requires a woman to unveil in public) is allowed to stand. Instead, she is allowed to remove her veil in private. Harper knows this but he continues to pursue Ishaq, knowing that to many ignorant and fearful voters, he appears to be protecting national security.

In fact, the Charter protects Ishaq — from her own government's imposition of an unfair law. Veiled women are entitled to the protection of the Charter. Just like us schoolgirls, they are allowed to wear what they want.

Because, after all, it's a free country.

**Diane Baker Mason** is a Toronto-based novelist, writer and retired lawyer.

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A SENSIBLE MAN  
ought to find  
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EMILY BRONTË





Hugh Hefner and actress Barbara Benton arriving at Le Bourget airport with the Playboy jet Big Bunny in 1970. The magazine that helped usher in the sexual revolution by bringing nudity into America's living rooms – or at least its sock drawers – announced this week that it will no longer run photos of completely naked women. STRINGER/AFP/GETTY IMAGES

## A look back at the non-nudes

### MAKING HISTORY

#### Feminism, murder, politics: A retrospective

Seeing its circulation plunge thanks to high-definition porn, Playboy will soon be covering up its Playmates. But history remembers the skin mag for much more than photos of naked women. A look at significant events in its six-decade history:

#### 1 A Bunny's Tale

In this 1963 exposé, Gloria Steinem described her time as an under-cover bunny waitress. The feminist icon wrote of long, often dull hours.

#### 2 'Adultery in my heart':

Jimmy Carter stirred things up in 1976 when as a presidential candidate, he told Playboy he had "committed adultery in my heart many times," while quoting from the Bible to say that "anyone who looks on a woman with lust has in his heart already committed adultery."

#### 3 Star 80

Dorothy Stratten of Vancouver was named Playmate of the Year in 1980 and murdered by her estranged husband shortly after. Her life and death were the topic for the 1983 film Star 80, starring Mariel Hemingway and Eric Roberts.

#### 4 AIDS activist

In 1994, former model Rebekka Lynn Armstrong of California an-

nounced that she had tested positive for HIV in 1989. Armstrong, who appeared in the magazine's September 1986 issue, became an HIV/AIDS activist and safer sex educator.

#### 5 Big nyet

The Russian Academy of Sciences sued Playboy's Russian edition in 1996 for featuring nude and semi-nude portraits of famous Russian women including Catherine the Great.

#### 6 Spousal abuse 'advice'

The Romanian edition of Playboy ran an article in 2000 called, How to Beat Your Wife Without Leaving Traces. When called on the carpet by Christie Hefner, Playboy Enterprises' chairman and CEO, the magazine's Romanian deputy editor-in-chief said it was just an April Fools' joke.

#### 7 Literary coup

Playboy won first serial rights to a novel that writer Vladimir Nabokov wanted burned. Instead of destroying The Original of Laura, Nabokov's only surviving heir decided to publish it and Playboy scooped up the rights in 2009.

#### 8 Get Bart out of the room!

In an effort to attract readers in their 20s, Playboy's editors put cartoon character Marge Simpson on the cover of the November 2009 issue.

TORSTAR NEWS SERVICE



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- 5 Nick Jonas Levels
- 4 Drake Hotline Bling
- 3 The Weeknd The Hills
- 2 Justin Bieber What Do You Mean
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WAGE GAP

# Oscar-winning and afraid to negotiate



Jennifer Lawrence. THE ASSOCIATED PRESS

Jennifer Lawrence says she blamed herself for failing as a negotiator when she learned from the leaked Sony emails that her male co-stars were paid more for American Hustle.

The Oscar-winning actress wrote in an essay for the on-line newsletter Lenny on Tuesday that she didn't want to fight for millions of dollars, partly because she didn't need the money and partly because she didn't want to come across as "difficult" or

"spoiled."

In the thoughtful essay, Lawrence wonders if she's wasted her time trying to be likable while her male counterparts are commended for being fierce.

She ultimately concludes that she's "over" finding adorable ways to state her opinion.

Lenny is a recently launched weekly newsletter from Lena Dunham and her Girls executive producer Jenni Konner.

THE ASSOCIATED PRESS

# 'I got my heart broken'



Selena Gomez opens up about her breakup with Bieber. ALL

PHOTOS GETTY IMAGES

## YOUNG LOVE

## Selena says they grew up together, both made mistakes

Ned Ehrbar  
Metro | Hollywood



Selena Gomez is just about done with her press blitz to publicize her new album, which means she's also just about done having to give introspective and revealing interviews. But what could one more hurt?

Gomez opens up to Refinery 29 about her relationship with

Justin Bieber and the media glare around it.

"I think people really wanted to see me fail. I'd sit down in an interview and get the most harshly asked questions. Of course I got my heart broken. Of course I was pissed about it.

"There, everybody has it. I was so disappointed, because I never wanted my career to be a tabloid story," she says.

"At this point, there is no anger. There's closure in a very good, healthy way. We've seen each other. I'm always encouraging and I am proud of his journey. I think people are making it out to be something that is more tragic than it really was. We grew up together. We both made mistakes. That's it."

So, we all good now?

## GOSSIP BRIEFS

### Harry Styles goes full monty on a Segway

According to the boys in 5 Seconds of Summer, touring with One Direction can be more than a little revealing. Band member Ashton Irwin tells Alan Carr during an interview that backstage at one tour stop, Harry Styles stunned the band by zipping around completely naked on a Segway.

"It was just once. I saw full-on ball-sack," Irwin says before Michael Clifford adds, "The worst part was that Luke [Hemming]'s mom

was standing right there, and he comes in on the Segway, just butt naked, sees Luke's mom and turns around."

That sounds like a pretty hilarious visual, except for one aspect Irwin forgot to add: "It was like his first time on a Segway, too, so it was kind of awkward turning around and trying to hide things at the same time."

Maybe get some more practice first before going full stalker, Harry?

NED EHRLBAR/METRO  
HOLLYWOOD



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# The sweet side of figs

## RECIPE

### This versatile fruit can make a simple snack or fancy fare

Rob Gentile, chef-owner of a trio of Buca restaurants in Toronto, says eating a voluptuous fig straight from the tree is an incredible experience.

"You should eat it sitting down," Gentile says, "and reflect on how good it is."

While finding a truly delicious fig in Canada can be frustrating, that doesn't stop him from cooking with them. He poaches the fresh fruit in sugar syrup with grappa and espresso for his brunch menus, and insists that figs, pork blood and chocolate, a regional Italian specialty, make a "heavenly" combination.

But don't think figs need to be complicated. A simple snack like a bagel or slice of toast smeared with cream cheese and topped with mashed fig halves is easy and delicious.

**California Fig Pizza**  
Adapted from the California Fig Advisory Board.

#### Caramelized shallots:

- 2 Tbsp (30 mL) butter
- 5 shallots, peeled and sliced thin
- 1 Tbsp (15 mL) molasses
- 2 Tbsp (30 mL) sherry or balsamic vinegar
- Salt and freshly ground black pepper to taste

#### Pizza

- 400 g fresh pizza dough, at room temperature, cut in half
- 4 fresh figs, sliced 1/4 inch (.5 cm) thick
- 1 Tbsp (15 mL) extra virgin olive oil
- Salt and freshly ground black pepper to taste
- 2 oz (60 g) goat cheese, crumbled
- 2 Tbsp (30 mL) grated or shaved Parmigiano-Reggiano cheese
- 4 thin slices Prosciutto di Parma, cut in strips
- Garnish: arugula sprigs

1. For caramelized shallots, melt butter in large saucepan and cook 5 to 10 min-

## \$15M

The value of the figs (4,423 tons) Canadians imported from California in 2014, according to the California Fig Advisory Board.

TORSTAR NEWS SERVICE



utes or until soft and golden brown. Stir in molasses and vinegar; season to taste with salt and pepper. Cook, stirring, until liquid is absorbed. Set aside.

2. Place pizza stone or heavy baking sheet in oven and preheat to 500F (260C).

3. Place half the dough on a 12x12-inch (30x20 cm) piece of parchment paper. Roll into a 9-inch (23 cm) circle with lightly floured rolling pin. Brush with half the olive oil and spread half the caramelized shallots over all, leaving a 1/2-inch (1 cm) border.

4. Arrange slices from two figs 1/2-inch (1 cm) apart over shallots and season lightly with salt and pepper.

Sprinkle half the goat cheese and 1 Tbsp (15 mL) Parmigiano evenly over all. Transfer sheet with pizza to preheated pan and bake 10 to 15 minutes or until cheese and edge of crust are lightly browned.

5. Repeat with second pizza or bake both at the same time. Transfer to cutting board, cool slightly then cut in wedges. Garnish with sliced prosciutto and arugula.

Serve warm or at room temperature. Makes two nine-inch pizzas.

TORSTAR NEWS SERVICE



This California Fig Pizza features caramelized shallots and Prosciutto di Parma. TORSTAR NEWS SERVICE

## NEW FOODS

### Sustainable, tasty gooseneck barnacles

Theresa Albert

For Metro Canada



"Sustainable" has become the sweetest word on every foodie's lips. It is today's conundrum to choose foods that are affordable, delicious and good for both you and the planet.

Ocean Wise is a program established by the Vancouver Aquarium that is one of 18 organizations working together across North America to help save our oceans but keep us eating delicious fish. They estimate that 90 per cent of the world's predatory fish are gone already. This is why they certify fisheries and keep up-to-date suggestions on which fish to enjoy.

One of the newest species on the recommended list is the gooseneck barnacles that you may be seeing on restaurant menus this season. A delicacy in Spain and Portugal, where they are called percebes, the shell is inedible but the protruding foot has a calamari feel, which tastes somewhat briny.

Given the cost — ranging from \$16 to \$30 for an appetizer or \$20/lb. to buy them from the fishery — they are usually the fare of higher-end restaurants.



Gooseneck barnacles have a calamari feel and taste somewhat briny. THERESA ALBERT

Typically, they're served as one or two in a dish that will take on the accompanying flavours, much like mussels in garlic broth. This unfortunate-looking tiny shellfish is harvested by hand by the Nuw-chah-nulth First Nations fishery in B.C. The barnacles have a short shelf life, so fishermen do not harvest them until they receive an order.

Consuming barnacles, which are lower on the food chain, is more Earth friendly than consuming increasingly rare predatory fish.

But you don't have to go all the way to barnacles — maybe sardines instead of salmon is a more simple switch.

## LIQUID ASSETS

### Apple gets boozy this fall

If you'd asked me a year or so ago if grapes were in danger of not being the highest ranking pieces of fruit to produce alcoholic beverages, I would have choked on my Cabernet Sauvignon.

While grapes still rule when it comes to wine production, in today's booze market the apple is making a solid run for the second-most popular flavouring agent.

At the core of the apple's popularity is the rise of cider. Once considered the tipple of the lower gentry, cider has now found mass appreciation across Canada thanks to local artisan producers getting crafty with their creations.

Both beer and spirit makers are seeing dollar signs growing in the orchards, and the Crown Royal Apple Whisky (\$26.49-\$31.99) takes the classic CR recipe and infuses it with the candied-sweet flavour of Regal Gala apples.

The fruit dominates through to the last drop, making it a smooth and easy-drinking fall season sipper.

PETER ROCKWELL/METRO



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## New CX-5 stays on good track



### REVIEW

### Mazda makes minor tweaks to an already decent ride

**Jil McIntosh**  
For Metro Canada



Few things tick me off more than change for the sake of change. I'm tired of having to track down a grocery item because the package is different, or seeing that my running shoe has been discontinued because its design was more than a year old.

So I was pleased to discover that when Mazda updated its CX-5 for 2016, it only made some minor tweaks to a vehicle that was already a very decent driver.

The grille changes slightly on all models, while my top-line GT gets LED accent lighting and new wheels. The rear seats are more supportive, there's an electric parking brake in place of a lever, and a new infotainment system sits in the dash, controlled by a joystick in the centre console rather than buttons alongside the screen.

The GT also receives naviga-

tion as standard equipment.

Two engines are available, starting with a 2.0-litre four-cylinder in the base GX. That trim is front-wheel drive only, and offers a stick shift or automatic. The GS and GT trims use a 2.5-litre four-cylinder with a six-speed automatic. The GS can be ordered in front- or all-wheel drive, while the GT is AWD only.

The CX-5 shares both its platform and that 2.5-litre engine with the Mazda6. Like that sedan, the CX-5 accelerates briskly and handles beautifully, with far sportier performance than you'd expect from an SUV.

My GT tester was optioned with a Technology Package, which adds such items as adaptive cruise control, automatic high-beam headlights, forward collision warning with braking, and a lane departure system that blares a rumble-strip sound out of the stereo speaker if you drift out of your lane. The package also adds satellite radio, though I thought that should have been bundled with the premium stereo that's part of the GT's equipment list.

But be warned: If you opt for this top-line trim, it can be as much as \$1,000 more than similarly-equipped rivals. Be sure to check out all the trim levels and features if this Mazda is on your radar.



**The CX-5 accelerates briskly and handles beautifully, with far sportier performance than you'd expect from an SUV.**

### THE CHECKLIST | 2016 MAZDA CX-5

#### THE BASICS

**Type.** Four-door, five-passenger compact SUV

**Engine (hp/torque).** 2.0-litre I4 (155/150); 2.5-litre I4 (184/185)

**Transmissions.** 6-speed manual (2.0 only); 6-speed automatic

**Price.** Base \$22,995, as-tested \$37,295 (plus destination)

#### COOL FEATURES

- 40/20/40-split flat-folding rear seat
- Blind-spot monitoring
- Wide-angle rearview camera
- Automatic headlight leveling system
- Joystick controller for infotainment screen
- Forward collision alert with low-speed braking
- Lane departure warning system



JIL MCINTOSH/FOR METRO

#### POINTS

- In addition to minor styling changes and interior improvements, new standard and optional features have been added to all of the trim lines.
- Voice recognition on the navigation system accepts an entire address, rather than saying each line at a time.
- The optional adaptive cruise control keeps a pre-set distance from the vehicle ahead, but it tends to be jerkier than systems from most other manufacturers.

#### MARKET POSITION

The CX-5 is now the middle child in Mazda's SUV lineup, between the smaller CX-3 and three-row CX-9. It was introduced in 2013, replacing the slightly larger CX-7 that bowed out after the 2012 model year.

### THE COMPETITION



**Ford Escape**  
Base price: \$23,899



**Honda CR-V**  
Base price: \$25,990



**Hyundai Tucson**  
Base price: \$24,399



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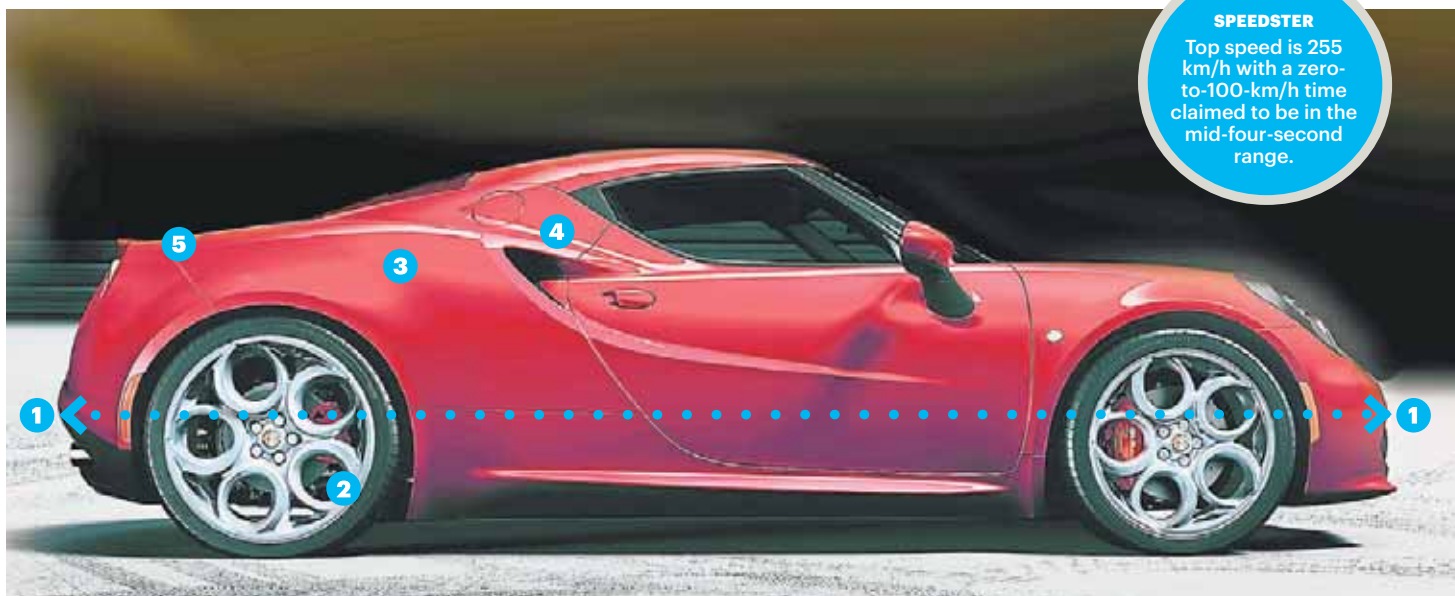
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# Meet the 2015 Alfa Romeo 4C

It's an exercise in physics, really. Low mass is easier to move. Alfa Romeo returned to the North American market with this car, sold in limited numbers through Maserati dealerships and some select Fiat stores. The key to the 4C is reduced weight through size and material use. At about 300 kilograms less than a Mazda Miata and the same overall length, it doesn't need a big engine to be quick.

JEFF MELNYCHUK WHEELBASE MEDIA



## SPEEDSTER

Top speed is 255 km/h with a zero-to-100-km/h time claimed to be in the mid-four-second range.

## THE RUNDOWN

### 1 Dimensions

It's only about 4.1 metres long, which is about the same as the Mazda Miata, but the 4C is nearly 20 centimetres wider.

### 2 Wheels

Seventeen-inch front and 18-inch rear wheels are standard; 18/19 are optional.

### 3 Engine

The 4C has a mid-engine layout and rear-wheel drive. The turbo 1.75-litre four-cylinder engine makes 237 horsepower and 258 pound-feet of torque.

### 4 Lighter, stronger

Body composite is claimed to be both lighter and stronger than steel and allows complex shapes like this.

### 5 Storage

Here's a small trunk behind the engine.

SOURCE: FIAT CHRYSLER

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# Gibbons acknowledges first post-season ‘intense’

## GAME 5 PREVIEW

### Jays manager making hard pitching calls to get job done

Down 2-0 in the American League Division Series, Blue Jays manager John Gibbons did not look his normal relaxed self in the visiting manager's office at Globe Life Park.

A persistent hacking chest cold was no doubt responsible for the grey look. But Toronto's predicament wasn't helping. One more slip-up and the Jays' dream season was over.

"It has happened fast," Gibbons acknowledged. "I think a week ago today we were sitting down in Tampa taking the Sports Illustrated (cover) picture."

Two wins later, the series with Texas is even and Toronto can dispatch the Rangers on Wednesday from the comfort of its home stadium.

Gibbons has made some hard decisions along the way in the pressure-filled playoff cauldron where three losses can quickly trump the 93 wins in the regular season.

Prior to Game 3, he was asked whether his first foray into the post-season had proved more challenging than expected.

"I don't know if it's harder than you imagine. It's definitely more intense. I don't know.

+

RANGER ACE

Hamels on a roll

The Texas Rangers have won their last 11 games started by Cole Hamels.

They needed each of those victories to get this far, and their season will be over without another one Wednesday.

"It's why you go out and get top performers, elite competitors ... situations exactly like this," Rangers manager Jeff Banister said Tuesday.

THE ASSOCIATED PRESS



John Gibbons speaks with reporters during a news conference in Toronto on Tuesday, ahead of Game 5 in the ALDS. NATHAN DENETTE/THE CANADIAN PRESS

I can't really answer that yet. I've loved every minute of it but there's definitely a different feel in these games than your normal games," he said.

"But it's still baseball. You still have to execute, you still have to do your thing."

In the leadup to the post-season, Gibbons looked after his players.

He let them celebrate the franchise's long-awaited return to the playoffs. He gave them time off to recover. He handed the ball to veteran LaTroy Hawkins in the game

that clinched the AL East title. And in another sign of respect, he gave Mark Buehrle a bonus start in a bid to reach 200 innings pitched for the 15th straight season.

With the season on the line Monday, Gibbons played hardball.

Despite being up 7-1, he pulled R.A. Dickey after he yielded a single with two outs in the fifth, denying the 40-year-old knuckleballer a win in his first-ever post-season start.

He inserted David Price,

effectively using up the Game 1 starter in a relief role.

Both players relished the chance to go back to Toronto with the series still alive but neither seemed too chuffed about how they got there.

With Brett Cecil injured and fellow left-hander Aaron Loup unavailable because of a family matter, Gibbons had few southpaw options against a Texas batting order bristling with five lefties.

When he was taken out, Dickey was facing the meat of the Rangers order with left-

“It has happened fast. I think a week ago today we were sitting down in Tampa taking the Sports Illustrated (cover) picture.”

John Gibbons on losing the first two games of the series

hander Shin-Soo Choo and Adrian Beltre, who had a combined four hits in the game, with lefties Prince Fielder and Mitch Moreland to follow with Josh Hamilton on deck.

"What we didn't want to happen is a couple guys on base," said Gibbons. "Choo comes up. And R.A. has been known to give up the fly balls, launch it. Maybe if that should happen now they're right back in the game."

Dickey was asked whether he thought the move meant his manager didn't trust the knuckeball.

"I sure hope not," he answered. "I would hate to think that's the case."

Those on Gibbons' side will argue he made the most of his resources, utilizing Price in the form of a flame-retardant in Game 4 — while leaving Game 5 in the red-hot, confident hands of young Marcus Stroman.

THE CANADIAN PRESS

## NLDS Playoff history as Cubs oust St. Louis

TUESDAY in Chicago

6

CUBS

4

CARDINALS

The Chicago Cubs clinched a post-season series at Wrigley Field for the first time ever, getting home runs from Kyle Schwarber, Anthony Rizzo and Javier Baez in beating the St. Louis Cardinals 6-4 Tuesday to win the National League Division Series in four games.

A day after hitting a post-season-record six homers, the Cubs hammered their way into the NL Championship Series by taking the best-of-five set before a rollicking crowd.

Manager Joe Maddon's bunch of wild-card Cubs will face the winner of the Los Angeles Dodgers-New York Mets matchup.

The Mets took a 2-1 series lead into Game 4 Tuesday night.

The Cubs last reached the NLCS in 2003, when they lost in seven games to the Marlins. Chicago dropped those final two at home, including the infamous Bartman defeat in Game 6.

Wrigley Field hosted its first Cubs game in 1916, eight years after they last won the World Series.

THE ASSOCIATED PRESS

## JAYS - RANGERS

# Starter Stroman excited by Game 2 rematch

The Toronto Blue Jays are putting their faith in Marcus Stroman with their season on the line against the Texas Rangers in Game 5 of the American League Division Series.

The 24-year-old who missed the majority of the season with a torn ACL in his left knee is set to face playoff veteran Cole Hamels in the deciding game of the first-round series Wednesday afternoon.

"He's done it in the playoffs, he's proven and he's nasty,"

Stroman said. "I just look forward to competing against Cole Hamels."

Hamels was the World Series MVP in 2008, and Stroman will be making his second career post-season start.

"There's something different about him," manager John Gibbons said. "If anybody can rise to the occasion it'll be him."

The pressure is on Stroman after the Blue Jays opted to use ace David Price in relief of R.A.

Dickey in Game 4. Gibbons said Price is "not here to be abused" and that he wouldn't count on the star lefty being available for Game 5 at Rogers Centre.

Without Price, Aaron Loup would be the only left-hander available out of the bullpen.

But Loup's status is unclear after he missed Game 4 with a personal matter.

Gibbons said he did not know if Loup would be available. THE CANADIAN PRESS



Marcus Stroman, out for most of the season through injury, is relishing these big games. FRED THORNHILL/THE CANADIAN PRESS/POOL



# Leafs' progress coming slowly

NHL

## New coach Babcock deals with growing pains at 0-2-1

During training camp, Mike Babcock re-taught and reminded his Detroit Red Wings of certain things. As coach of the Toronto Maple Leafs, Babcock has extended that process to the regular season.

The Leafs are 0-2-1 and making some progress, but there's plenty of work left to do as Babcock gets used to his players and vice versa. The biggest benefit is almost a week between games and time to hash that out.

"It's a lot better than what it was, that's for sure," Nazem Kadri said of the level of understanding between coach and players. "But I think there's definitely still some feeling-out to go on, and there's going to be some growing pains. But at the same time we know what's expected and what our identity's got to be."



Mike Babcock spent training camp teaching players his system. FRANK GUNN/THE CANADIAN PRESS

Babcock said Tuesday that the Leafs have a long way to go but are trying. He kept his players off the ice because he didn't want them to practise four days in a row before returning to game action Friday at the Columbus Blue Jackets. But he didn't want them

**“I think there's definitely some feeling-out to go on.”**

Nazem Kadri

to have two consecutive days off, either.

That's because the results and the process aren't quite there yet.

"We lost three games and now we've got time to see and figure it out what's the problem," said Leo Komarov, at least

temporarily the right-winger on the top line with James van Riemsdyk and Tyler Bozak.

Kadri said the issues at this point are system-driven. The Leafs are still in the infancy of the Babcock system, and even after several weeks of training camp there's another step to take.

A practice week couldn't have come at a better time.

"Hopefully by the end of this week you're thinking less and just reacting more and just playing more," van Riemsdyk said.

"Obviously everyone knows at this point the things that are expected of us, but just to do them naturally now, we'll get this week to really kind of hammer all that home and I think that'll be a good thing for us."

Hockey's so often a game of instincts, but it's also a product of habits. The Leafs were a turnover-prone team, especially late last season after their performance tanked, and Babcock has tried to install a defined structure.

"We can't give up that many chances, we've got to be tight-

## + ROSTER NOTE

### Capitals' Ovechkin out

Alex Ovechkin sat out the Washington Capitals' game Tuesday night against San Jose because of personal reasons.

The Capitals sent out a note on Twitter about 35 minutes before the game saying Ovechkin would not play.

They had confirmed earlier in the day that the left wing did not take part in the team's morning skate, and coach Barry Trotz said he would be a game-time decision.

THE ASSOCIATED PRESS

er," Babcock said. "On the positive side, we generated lots of chances and scored some goals, which is positive, so hopefully some guys will have gotten some confidence from that."

Confidence varies on a player-by-player basis. Babcock said he has been impressed by some and not so much by others.

THE CANADIAN PRESS

## IN BRIEF

### Ducharme to coach Team QMJHL against Russia

Halifax Mooseheads head coach Dominique Ducharme has been named the bench boss for Team QMJHL in the upcoming 2015 CHL Canada Russia Series.

Ducharme will be joined by Mooseheads forward Maxime Fortier, who was one of 23 players named to the roster on Tuesday.

Also selected is Halifax netminder Mason McDonald of the Charlottetown Islanders.

Team QMJHL will play Team Russia in the first two games of the series featuring CHL all-star squads.

Game 1 is Nov. 17 in Rouyn-Noranda, followed by Game 2 on Nov. 19 at the Scotiabank Centre in Halifax. METRO

### Mooseheads selling gear

It's unclear whether it's been washed or not, but the Halifax Mooseheads are trying to unload some gear.

The club is going to be selling some "gently used" goalie gear, helmets, gloves, and pants on Monday, Oct. 26 from 6 to 9 p.m. at the Scotiabank Centre. METRO



Eric Boulton of Lower Sackville BRUCE BENNETT/GETTY IMAGES

## CONTRACTS

## Nova Scotian Boulton re-signs with Isles

Eric Boulton has re-signed with the New York Islanders, marking the 20th professional season for the tough guy from Lower Sackville.

The Islanders announced the signing on their Twitter feed Tuesday morning. The contract is for one year, with no financial details released.

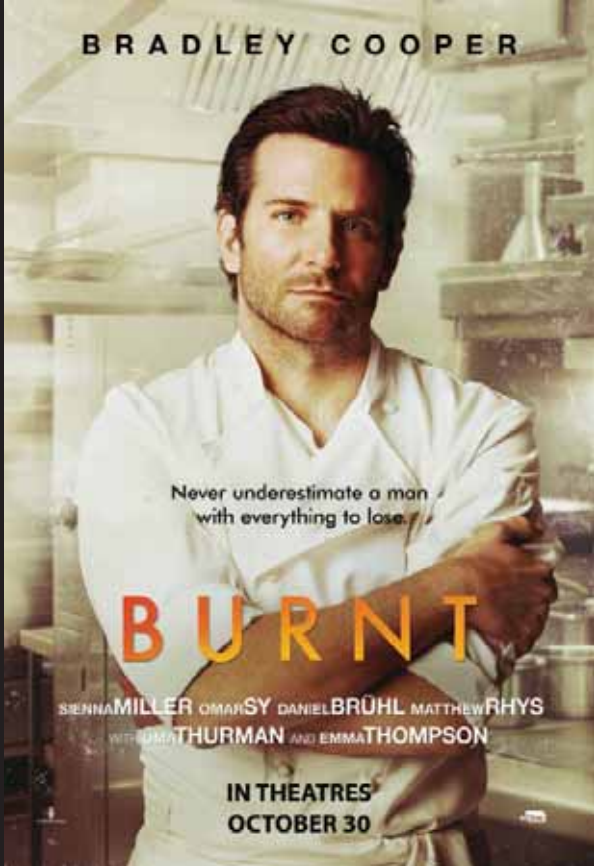
Boulton has been with the Islanders since the 2012-13 season. He played in only 10 games last year, tallying two

goals and 30 penalty minutes.

In total, the 39-year-old Boulton has played in 648 career NHL games, with 31 goals, 79 points and 1,419 penalty minutes.

As a professional, the former forward with the OHL's Oshawa Generals and Sarnia Sting has been lacing them up since the 1996-97 campaign. He's also had NHL stops in Buffalo, Atlanta and New Jersey.

PHILIP CROUCHER/METRO



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Cory Joseph, left, gets past Minnesota's Karl-Anthony Towns during NBA pre-season action in Toronto Monday. CHRIS YOUNG/THE CANADIAN PRESS

# New Raptor Joseph shows worth as Lowry's backup

NBA

## Coach likes confidence of Toronto-area point guard

Cory Joseph tried his absolute best Tuesday afternoon, but he couldn't hold a straight face long enough.

Monday night marked the Raptors debut of the point guard, who was bred in the Toronto suburb of Pickering, Ont. — a pre-season win over the Minnesota Timberwolves at the Air Canada Centre.

Asked to revisit what he felt, a familiar, if not grumpy face popped into his head.

"I mentioned it (Monday) night. You can't ask me again," he said, his demeanour giving way to laughter. "That's my Pop impersonation."

Joseph's impersonation of Gregg Popovich, the San Antonio Spurs' long-tenured and excessively successful coach, isn't

the intangible that the Raptors were interested in when they signed him to a four-year deal over the summer.

Through four exhibition games, Joseph is settling in as the team's backup point man and showing what he learned playing under Popovich the last four years.

He's brought a steady, calming presence to the Raptors in relief of Lowry and averaged 10.8 points and 2.5 assists in 21 minutes in the pre-season. He had 14 points and four assists against Minnesota on Monday and played a key part in closing out the Lakers in a win out west last week. Coming to a new team and asserting yourself at a leader-

ship position isn't an easy thing, Raptors coach Dwane Casey said.

"(It's a challenge to) understand what's going on and to be able to verbalize it, to be able to tell everyone else what to do and have the confidence to do it and he's done that," Casey said. "You need that type of leadership from your point guard."

While Kyle Lowry gave Raptors fans a Thanksgiving treat with a 40-point night, Casey decided to use his two point guards together in the backcourt.

"Everything he was shooting he was scoring," Joseph said of Lowry, "so I can get in and do what I do: get into the paint and facilitate and find open guys."

"I feel pretty strong. I take

pride in my defence so I feel like I can guard (shooting guards) and it gives us a different dynamic out there on the court. Me and Kyle . . . can dribble it up and push the pace a little."

As the Raptors sort out their front-court roles in their final three pre-season games — they're in Ottawa for a rematch with the T-Wolves on Wednesday — that Joseph-Lowry combo could push DeMar DeRozan to the small forward spot for a three-guard rotation.

"I liked that," Casey said of the Lowry-Joseph pairing. "Cory has the size and the grit (he's six-foot-three, 190 pounds) . . . they're both tough, gritty guys."

They're going to try to post them up and find them in the post, so I like that. The ball got moving, the game became faster and we may see that some more this year."

Of course, when you have Lowry scoring the way that he has, shifting him to the shooting guard spot isn't as difficult an adjustment either.

"You can make any move

**I take pride in my defence so I feel like I can guard (shooting guards) and it gives us a different dynamic out there on the court. Me and Kyle can dribble it up and push the pace a little.**

Cory Joseph on how his style differs from Kyle Lowry

MLS

## Playoff chances in hands of TFC

The magic number is 1 for Toronto FC. The Reds will clinch the franchise's first playoff berth with a tie or a win against Eastern Conference leaders New York Red Bulls at BMO Field on Wednesday night.

It's the first time this season securing a spot in the post-season is firmly in Toronto's hand.

But the home side won't be the only squad with something at stake. Should the Red Bulls earn a win or a tie, the visitors will clinch first place in the Eastern Conference for the third time in club history.

66

**They put you under pressure; they look to create transitions from very good spots on the field.**

TFC coach Greg Vanney on the Red Bulls' tactics

"New York is who New York is, that's never going to change," Reds coach Greg Vanney said. "They put you under pressure; they look to create transitions from very good spots on the field."

The conference leaders, who beat Toronto 3-0 in mid-August at Red Bull Arena, has a history of getting in the way of the Reds' playoff dreams.

Wednesday's match will be six years less 10 days to then last-place Red Bulls' 5-0 defeat of Toronto at Giants Stadium in the last game of the 2009 MLS season.

At the time, Toronto needed three points and some favourable results elsewhere to move onto the post-season, but instead incurred the team's biggest loss since its inception to a New York side that only managed four wins in its 29 games that season.

Wednesday's game isn't so dire. Toronto has a second chance to clinch this week — if Orlando City SC drops any points in their game against New York City FC on Friday night — and still has two regular-season games to earn that playoff-securing point.

Who will suit up remains to be seen. Toronto's big three — Michael Bradley, Jozy Altidore and Sebastian Giovinco — are all coming back from international duty with their respective national teams.

## + ROSS OUT

Raptors guard Terrence Ross didn't make the trip to Ottawa for Wednesday's pre-season game.

Casey said that Ross's sneaker caught on the freshly-waxed court of the ACC on Monday night and led to him turn his left ankle, which he had surgery on May.

The surgery was to remove bone spurs and loose bodies. The team said that the injury didn't impact anything from the May procedure.

TORSTAR NEWS SERVICE

when a guy's going for 40 but we can't rely on that," Casey said. "Even with that said, I thought he got to 40 within the offence. I know that sounds crazy but . . . it wasn't like he was dancing one-on-one and jacking it up. I commend him for that."

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## RECIPE Pumpkin Pasta with Ricotta and Sage



PHOTO: MAX VISENIE

**Ceri Marsh & Laura Keogh**  
For Metro Canada

Don't just save pumpkin for pies. It's great in a sauce for pasta, too.

**Ready in**  
Prep time: 20 minutes  
**Serves 4**

### Ingredients

- 500 g pasta
- 1 Tbsp olive oil
- 2 shallots, diced
- 2 cloves garlic, minced
- 1 Tbsp fresh chopped sage, plus more for garnish
- 1/4 cup ricotta
- 1 cup pumpkin purée
- 1 cup chicken broth
- fresh grated nutmeg to taste
- Salt to taste
- 1/4 cup water
- 1/2 cup Parmesan cheese, plus more for garnish

### Directions

1. Cook the pasta according to package directions. Once the pasta has reached al dente, reserve 1/4 cup of the cooking water and drain the rest.
2. While your pasta is cooking, heat olive oil in a large skillet over medium heat. Add the shallots, garlic and sage and cook until tender, about 5 to 7 minutes. Add the ricotta, pumpkin purée, chicken broth, nutmeg and a pinch of salt; stir until combined.
3. Stir in the pasta and coat with the sauce. Add reserved pasta water to thin the sauce to desired consistency. Mix in the Parmesan cheese.
4. Serve the pasta with a sprinkling of Parmesan cheese and chopped sage.

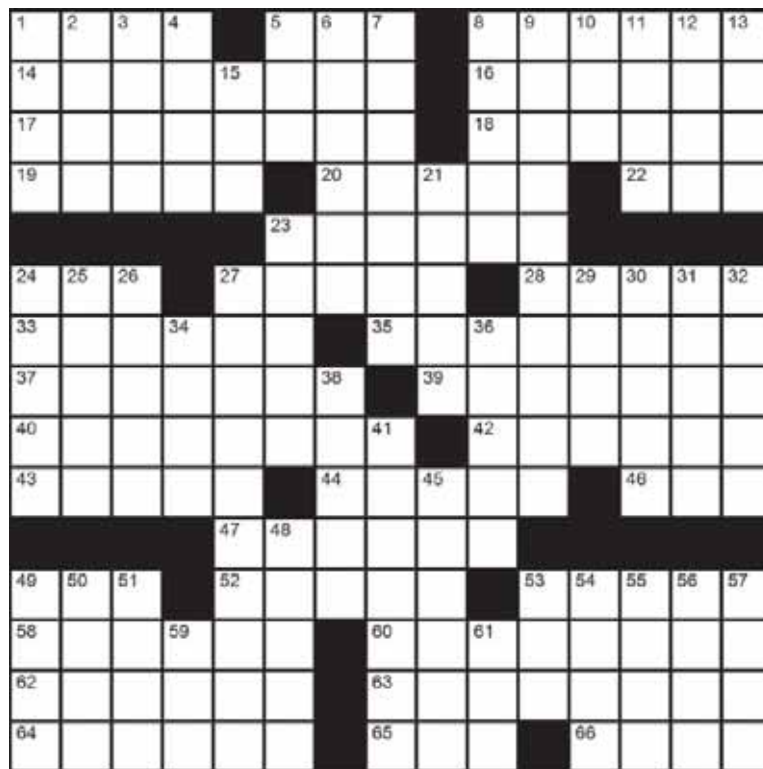
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## CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

### ACROSS

1. Tread
5. Like Beethoven's 'Pastoral' symphony, \_\_\_ Major
8. Go round and round
14. Gordon Lightfoot's '\_\_\_ Highway'
16. Paradise of Arthurian legend
17. Where Grizzlies catch salmon
18. President Reagan
19. Figs' friends
20. Southern Alberta town
22. Where the Capitals play hockey, briefly
23. Tune
24. Dowel
27. Trait carriers
28. Amass
33. Urge on
35. Ship like the type on the Canadian dime
37. Penitent people
39. Certain car company
40. Product stored/transported by Canadian company Gibson Energy: 2 wds.
42. Horse's proud strut
43. Rock band, with Van
44. Ecological stages
46. "Is that so?" remarks
47. Volcano opening
49. Camel hair garment
52. Handles on



### swords

53. "\_\_\_ Told You Lately" by Van Morrison
58. \_\_\_ tasks (Chores of drudgery)
60. Kitchen drawer items
62. Pink-eraser-topped implement

63. Autumn weather occurrence: 2 wds.
64. Directs
65. U2 producer Brian
66. Dick Tracy's beloved

### DOWN

1. Gulf War missile

2. Spanish appetizer
3. Once
4. Rocker Mr. Wentz
5. Pique
6. Tidy up
7. Shes
8. Showed concern

9. "Hello Honey" up-and-coming band from London, Ontario: 2 wds.
10. Escaped
11. Purr-er's paw part
12. The Kinks hit
13. Calls off
15. Belonging to

- Paris' li'l country
21. Power tools brand
23. Movies... First 'M' of MGM
24. Georgia's state fruit
25. Surplus
26. Tomb's thief
27. TD Canada Trust's comfy symbol: 2 wds.
29. Charlie and \_\_\_ (Parents of actress Geraldine Chaplin)
30. "Well... yes \_\_\_." (Indecisive response)
31. Contact/get through
32. Becomes moistureless
34. Wave: French
36. Overly active
38. Carpeting choice
41. Sandwich ingredient
45. Lean against: 2 wds.
48. Streamlets
49. \_\_\_ up (Escalates)
50. Salad bar item grasped with small tongs
51. Queen Elizabeth's only daughter
53. 100, for short
54. Legal gig, \_\_\_ DA
55. Big name in short videos
56. Old music high notes
57. Web connectors, commonly
59. Rink surface
61. Jeff Lynne's gr.

## ★ IT'S ALL IN THE STARS by Sally Brompton

**Aries** March 21 - April 20  
According to the planets you have buried your feelings at such a deep level it seems they no longer exist. But they do and you need to let one person know you still love them.

**Taurus** April 21 - May 21  
You could do worse today than let a friend or family member call the shots. The planets indicate that you will gain more by doing less things for yourself. Go ahead, get spoiled.

**Gemini** May 22 - June 21  
You have carried a lot of responsibility on your shoulders of late but over the next two or three days you need to find ways to lessen the load. A burden shared is a burden halved, so get loved ones to help you.

**Cancer** June 22 - July 23  
You won't be as distant emotionally and that's good. It is sometimes difficult for even those closest to you to know what your true feelings are but for a while at least you will be more open and loving.

**Leo** July 24 - Aug. 23  
What is right for you may be wrong for someone else, and what is right for them may be wrong for you. You may not approve of someone's actions but it is not your place to judge.

**Virgo** Aug. 24 - Sept. 23  
Now is not the time to be confrontational, either at home or at work. Others will listen to reason today but they won't listen to anything that sounds like a threat.

**Libra** Sept. 24 - Oct. 23  
At this time of year, when the Sun is in your sign, you tend to push yourself hard, but if you go beyond your limits today you may regret it.

**Scorpio** Oct. 24 - Nov. 22  
You don't have to be on top of things every minute of every day. Yours is a sign that values hard work and leads from the front but the planets indicate you will achieve twice as much as you usually do with only half the effort.

**Sagittarius** Nov. 23 - Dec. 21  
For some strange reason you have got it into your head that you have fallen short of what was expected of you. That's nonsense. Overall you are still streets ahead of your rivals.

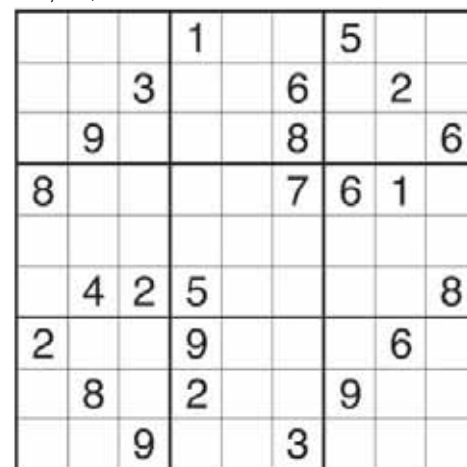
**Capricorn** Dec. 22 - Jan. 20  
Do whatever it takes to get along with people you do business with. That does not mean you must do everything they say, but at least treat them as equals — even if they are not.

**Aquarius** Jan. 21 - Feb. 19  
Employers and authority figures will encourage you to make more of your talents. Take center stage, because you will find that being in the spotlight actually feels good.

**Pisces** Feb. 20 - March 20  
Go where your instincts take you and ignore those who say you have got it wrong. Never be afraid to take a few risks. That applies especially to affairs of the heart. Travel for pleasure.

## CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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